

Suffolk County ASA  
Championship Conditions 2020

Held under Swim England Laws and Regulations and Swim England Technical Rules of Racing and to the Swim England Open Meet Licensing Criteria

**LEVEL 1 Licence**  
**18<sup>th</sup>/19<sup>th</sup> January 2020**  
**UEA Sportspark, Norwich**

**LEVEL 2 Licence**  
**25<sup>th</sup>, 26<sup>th</sup> January 2020**  
**1<sup>st</sup>, 2<sup>nd</sup>, 9<sup>th</sup> February 2020**  
**Crown Pools, Ipswich**

**Meet Rules and Conditions**

1. The long distance events will be licensed at Level 1. All other events will be licensed at Level 2. All events are held under Swim England Laws and Technical Rules.
2. The competition is only open to Category 2 members of clubs which are affiliated to Suffolk County ASA. A swimmer who enters or takes part in these Championships must not represent another county or compete in or have competed in another County's Championships in the same calendar year.
3. The promoter is the Championship Secretary (Sarah Elmer) on behalf of Suffolk County ASA.
4. Age groups for qualifying are 10/11; 12; 13; 14; 15; 16; 17 and over.
5. Age groups for results are 10/11; 12; 13; 14; 15; 16; 17 and over.
6. A medal will be awarded to the first 3 swimmers in each results age group in each event (HDW and final).
7. Where events have finals (50m all strokes; 100m all strokes except 100m IM), the finals will be 10/11; 12; 13; 14; 15; 16; 17 & over. All other events (including 100m IM) will be HDW.
8. An award will be made to the top three swimmers in each age group of the Championships based on the highest number of FINA points achieved from five separate non-specified events (Heat, Final or HDW). In the case of a tie, there will be joint Champions. A trophy will be awarded to the highest place swimmer in each age group.
9. Age for the Championships will be age at 31<sup>st</sup> December 2020.
10. Events will be 50m all strokes; 100m all strokes and IM; 200m all strokes and IM; 400m freestyle and IM; 800m freestyle and 1500m freestyle.
11. The Skins event in the final session will be random stroke with the fastest 8 swimmers from the heats of 100m Individual Medley invited to participate.
12. Age groups for relay events will be 10/11; 12/13; 14/15; Open. All relay events will be 4x50m. Open relay events are open to all swimmers; swimming up is not allowed in other age groups. The names and dates of birth of swimmers in relay events must be supplied to the Championship Secretary by midday 5 days before the relay session (Tuesday 4<sup>th</sup> February 2020). Swimmers must swim in the order declared on 4th February 2020. Clubs are only allowed one relay team per event.
13. UEA Sportspark is 50m, Crown Pools is 25m and anti-wave devices will be in place. AOE will be used at both locations and a secondary strobe for the starting system is available.
14. Heats will be swum as mixed age with swimmers seeded by entry times. Where events have finals, the last 3 heats will be cyclically seeded. All other events will be spearheaded.
15. Over the top starts will be used at the referee's discretion.
16. Entry times must meet the published qualifying times and have been achieved at a licensed meet included on the British Rankings database. Conversions from long course times are permissible. Times should have been achieved on or after 1<sup>st</sup> January 2019. We reserve the right to reject the slowest time by event or session.

- 1.17. Entries for the long distance events, which are being held in conjunction with Norfolk, will be restricted to achieve a balanced session. If the events are over subscribed, an equal number of swimmers from each county will be invited to participate with those swimmers who are closest to their respective qualifying times being rejected first.
- 2.18. The cost per individual entry will be £5; the cost per relay entry will be £10. Entry files will be available from the Suffolk County ASA website after in early December. Electronic entries, including relay entries, must reach the Championship Secretary by midday on 23rd December 2019.
- 3.19. Details of received entries will be confirmed with clubs within one week of the closing date. Clubs should notify the Championship Secretary as soon as possible and within one week of receipt of the information **of any errors**. Confirmed entries will then be published on the Suffolk County ASA website. No changes, errors or omissions will be accepted after this date, except due to an error by the Championship Secretary.
- 4.20. Details of warm-ups will be circulated to clubs as soon as possible after the closing date. Lanes may be allocated to a single club or shared between a number of clubs. Where shared lanes are allocated, coaches/team managers are requested to liaise with other clubs to balance the number and ages of swimmers across the lanes.
- 5.21. All participants must observe the safety precautions in operation at Sportspark, UEA and Crown Pools. Neither the Promoter nor Suffolk County ASA will be responsible for any loss or damage occurring during this meet.  
[The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.](#)
- 7.22. In accordance with the Swim England Child Safeguarding Policies and Procedures any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms.
- 8.23. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws, Regulations and the Swim England Technical Rules of Racing.

Sarah Elmer  
Promoter  
Championship Secretary  
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